



CITY OF MANCHESTER

Senior Services Department

151 Douglas Street
Manchester, New Hampshire 03102
(603) 624-6533 • Fax (603) 628-6159
Email: senior@manchesternh.gov

Commissioners
Leon Drysdale
Mary Lynn Edwards
Terry Gesel, secretary
Pat Kalik
Sean Parr, Chair

Staff
Kim Drohan SSSII

Senior Services Commission SSSII Report
May 4, 2022 9:00am at the Cashin Senior Center

Additional programming, clinics and presentations:

- Balance and Stability Class- begins May 2nd
 - Reiki Session- May 5th
 - Remembering Together (formerly Senior Storytelling) with the Manchester Library- May 9th & 23rd
 - Hearing Screenings- May 11th & 23rd
 - Free Lunch and Learn on Downsizing and Decluttering 101- May 12th
 - Blood Pressure Screenings- May 17th
 - Beasley and Ferber Elder Law Workshop- May 19th
 - Writing a Family Love Letter Presentation- May 26th
 - Diabetic Shoe Clinics & Shoe Pick-ups- Thursdays
 - One on One Computer Tutoring is now available
 - The Center is Closed May 30th in Observance of Memorial Day
 - A Matter of Balance- with the Franklin Pierce University Physical Therapy Program- begins June 3rd
 - NEW- Gentle Yoga- starting June 7th
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- Masks are optional. Sanitizing stations are available throughout the center

Administrative

Resource Book- finally coming to its completion stage. The Senior Services Resource Book is available on the Senior Services website under directory of services and under the quick links on the Senior Services main page. If you click on any of the sections in the Table of Contents, it will bring you directly to that section.

Shortages of paper bingo cards- There has been a shortage of paper bingo cards, luckily staff was able to find a local vendor to help with bingo supplies.

WMUR Community Calendar- In the past staff has posted on the WMUR Community Calendar and did not see much of a response from it, but we will try again. Staff has posted some activities/programs to their calendar.

Kim contacted the Hippo, Union Leader and Senior Beacon to request the printing of a press release for Cashin Senior Center.

Friends of the Cashin Senior Center

The Friends of the Cashin Senior Center purchased tickets for the showing of The Producer's at the Palace Theatre. The Friends sold the tickets to our members for \$5.00.



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Building/property maintenance

Work order submitted for crumbling retaining wall in back of parking lot.
Requested straightening of handicap signs in parking lot.

Respectfully Submitted,
Kim Drohan, Senior Services Specialist II